Rapid Breathing as a Remedy. About fifteen years ago Maj. Gen. Drayson of the British Army often suffered, especially at night, from a severe pain in the region of the heart. He believed he was doomed to die soon of heart disease. About that time certain of his experiences in the mountains of India led him to think that his heart pain might be due to insufficient oxygenation of the blood. He therefore tried to relieve it by breathing rapidly-at the rate of about forty breaths a minute. In a few seconds the pain ceased, and dld not return that n ght.

After that he says he always resorted to the same expedient, and invariably with success. As time went on the pain became not only less frequent but less severe, and now if there is the slightest indication of it rapid breathing prevents its arrival at maturity.

He therefore brings forward many instances in support of his belief that some of the advantages of moderate exercise are to be gained by simply breathing rapidly. Rapid breathing is an effect of exercise, and this is beneficial because the rapid breathing gives the blood plenty of oxygen.

Invalids or others who cannot take exercise can obtain some of its good effect by deliberately passing much pure air through the lungs. Rapid breathing is particularly helpful in cases of sleeplessness and restless-

The air must of course be pure, else rapid breathing can have no good effects. Hundreds of thousands attribute disease to themselves when nothing is wrong except their habit of breathing air impure from tobacco smoke, gas burning or simply from a lack of ventilation.

Impure air makes impure blood and impure flesh. Thus those who consume such air fall quickly into and before disease. They cannot endure an open window or door, because they feel cold, this sense of coldness being in many cases simply a symptom that the blood has been vitlated by the breathing of poisonous air.

To breathe air laden with human exhalations is not a whit more sensible, as Gen. Drayson observes, than to drink liquid sewage for a beverage. - Youth's Companion.

#### Ventilation.

Just as sure as a man begins in the poultry business with a number of fancy chickens, he wants "a nice henhouse with a cupola on it," which he explains to you, is for fresh air. In this many make a grave mistake, says R. K. James in the Portland Transcript, as a top ventilation in a hen-house is of more injury than no ventilation at all. Especially is this so in winter. Hot air is lighter than cold, and consequently rises to the ceiling. When there is an opening in the ceiling this air escapes and the cold air takes its place. Under these circumstances it can easily be seen that a hen-house with a top ventilation is always a cold one in winter. When ventilators are put in they should come down to within one foot of the floor, and will then take out foul air without removing the warm air. Most houses in this country need no ventilation, as they are open enough to insure a good circulation of fresh air at all times. If as much attention was paid to getting warm houses by the average farmer as there is no ventilation there would be less complaints of swelled heads, roup, and many other diseases too numerous to mention.

Yesst.

Yeast for bread-making was first manufactured in 1634. It is computed that over 2,000,000 pounds enter into the daily bread of the people of this country, while triple this amount is used in Europe.

## HOOD'S Sarsaparilla **CURES**



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#### Hood's Sarsaparilla and feels live a new woman." JAMES

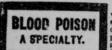
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### REV. DR. TALMAGE.

The Eminent Brooklyn Divine's Sugday Sermon.

Subject: "Elections."

Text: "And all the people saw the thund-erings and the lightnings and the noise of the trumpet and the mountain smoking."-Exodus xx., 18.

My text informs you that the lightnings and earthquakes united their forces to wreck a mountain of Arabia Petræa in olden time, a mountain of Arabia Petræa in olden time, and travelers to-day finds heaps of porphyry and greenstone rocks, bowlder against bowlder, the remains of the first law library, written, not on parchment or papyrus, but on shattered slabs of granite. The cornerstones of all morality, of all wise law, of all righteous jurisprudence, of all good Government are the two tablets of stone on which were written the Ten Commandments.

All Roman law, all French law, all English law, all American law that is worth anything.

law, all American law that is worth anything, all common law, civil law, criminal law, martial law, law of Nations were rocked in the cradle of the twentieth chapter of Exodus. And it would be well in these times of great political agitation if the newspapers would print the Decalogue some day in place of the able editorial. The fact is that some people suppose that the law has passed out of exist-ence and some are not aware of some of the passages of that law, and others say this or that is of the more importance, when no one has any right to make such an assertion. These laws are the pillars of society, and it you remove one pillar you damage the whole

I have noticed that men are particularly vehement against sins to which they are not particularly tempted and find no especial wrath against sins in which they themwrath against sins in which they them-selves indulge. They take out one gun from this battery of ten guns, and load that, and unlimber that, and fire that. They say, "This is an Armstrong gun, and this is a Krupp gun, and this is a Nordenfeldt five-barreled gun, and this is a Gatling ten-barreled gun, and this is a Martini thirty-seven-barreled gun." But I have to tell them that they are all of the same salliber. seven-barreled gun." But I have to tell them that they are all of the same caliber, and that they shoot from eternity to eternity. Many questions are before the people in the elections all over this land, but I shall

try to show you that the most important thing to be settled about all these candidates tung to be settled about all these candidates is their personal, moral character. The Decalogue forbids idolatry, image making, profanity, maltreatment of parents, Sabbath desecration, murder, theft, incontinence, lying and covetousness. That is the Decalogue by which you and I will have to be tried and by the same Decalogue you and I tried, and by the same Decalogue you and I must try candidates for offce.

Of course we shall not find anything like

perfection. If we do not vote until we find an immaculate nominee, we will never vote at all. We have so many faults of our own we ought not to be consorious or maledic-tory or hypercritical in regard to the faults of others. The Christly rule is as appropriate for November as any other month in the year. "Judge not that ye be not judged, for with what measure ye mete it shall be measured to you again."

Most certainly are we not to take the state-ment of redhot partisanship as the real char-acter of any man. From nearly all the great acter of any main. From nearly all the great cities of this land I receive daily or weekly newspapers, sent to me regularly and in compliment, so I see both sides—I see all sides—and it is most entertaining and most regular amusement to read the opposite statements. The one statement says the man is an angel, and the other says he is a devil, and I split the difference and I find him half way between

There never has been an honest or respec-table man running for the United States presidency, or for a judgeship, or for the mayoralty, or for the shrievalty since the foundation of the American Government, if we may believe the old files of the newspapers in the museums. What a mercy it is that they were not all hung before they were inaugurated! It a man believe one-half of what he sees in the newspapers in these times, his career will be very short outside of

Bloomingdale insane asylum.

I was absent two or three years ago during one week of a political canvass, and I was dependent entirely upon what I read in regard to what had occurred in these cities, and I read there was a procession in New York of 5000 patriots and a minute after I read in another sheet that there were 17,000,

ception-a very chilling reception-said one statement. The other statement said the audience rose at him. So great was the enthusiasm that for a long while the orator could not be heard, and it was only after liftcould not be heard, and it was only after int-ing his hand that the vociferation began to subside! One statement will twist an inter-view one way, and another statement will twist an interview another way. You must admit it is a very difficult thing in times like these to get a very accurate estimate of a man's character, and I charge you, as your religious teacher, I charge you to caution and to mercifulness and to prayer.

I warn you also against the mistake which many are making and always do make of ap plying a different standard of character for those in prominent position from the stand-ard they apply for ordinary persons. However much a man may have or however high the much a man may have or however high the position he gets, he has no especial liberty given him in the interpretation of the Ten Commandments. A great sinner is no more to be excused than a small sinner. Do not charge illustrious defection to eccentricity or chop off the Ten Commandments to suit especial cases. The right is everlastingly right, and the wrong is everlastingly wrong. If any man nominated for any office in this city or State differs from the Decalogue, do not fix up the Decalogue, but fix him up. The law must stand, whatever else must fail.

I call your attention also to the fact that

I call your attention also to the fact that you are all aware of—that the breaking of one commandment makes it the more easy to break all of them—and the philosophy is plain. Any kind of sin weakens the conscience, and if the conscience is weakened that opens the door for all kinds of transgression. If, for instance, a man go into this political campaign wielding scurrility as his chief weapon, and he believes everything bad about a man and believes nothing good, how long before that man himself will get over the moral depression. Neither in time nor

the moral depression. Neither in time nor eternity.

If I utter a falsehood in regard to a man, I may damage him, but I get for myself tenfold more damage. That is a gun that kicks. If, for instance, a man be profane, under provocation he will commit any crime. I say under provocation. For, if a man will maltreat the Lord Almighty, would he not maltreat his fellow man? If a man be guilty of malfeasance in office, he will inder provocation commit any sin. He who will steal will lie, and he who will lie will steal.

If, for instance, a man be impure, it opens the door for all other iniquity, for in that one iniquity he commits theft of the worst kind, and covetousness of the worst kind, and covetousness of the worst kind, and falsehood—pretending to be decent when he is not—and maltreats his parents by disgracing their name, if they were good. Be careful, therefore, how you charge that sin against any man either in high place or low place, either in office or out of office,

low place, either in office or out of office, because when you make that charge against a man you charge him with all villainies, with all disgusting propensities, with all

A libertine is a beast, lower than the vermin that crawl over a summer carcass— lower than the swine, for the swine has no intelligence to sin against. Be careful, then, how you charge that against any man. You must be so certain that a mathematical demonstration is doubtful as compared with

And then, when you investigate a man on such subjects, you must go to the whole length of investigation and find out whether or not he has repented. He may have been on his knees before God and implored the divine forgiveness, and he may have im-plored the forgiveness of society and the for-giveness of the world. Although if a man commit that sin at thirty or thirty-five years of age, there is not one case out of a thousand where he ever repents. You must in your investigation see if it is possible that the one case investigated may not have been the exception. But do not chop off the seventh commandment to suit the case. Do not change Fairbank's scale to suit what you are weighing with it. Do not cut off a yardstick to suit the dry goods you are measuring. Let the law stand and never tamper with it.

Above all I charge you do not join in the cry that I have heard—for fifteen, twenty years I have heard it—that there is no such thing as purity. If you make that charge you are a foul-mouthel scandaler of the human race, You are a leper, Make room

for that leper! When a man, by pen or type or tongue, utters such a slander on the hu-man race that there is no such thing as man race that there is no such thing as purity I know right away that that man himself is a walking lazaretto, a reeking ulcer, and is fit for no society better than that of devils damned. We may enlarge our charlities in such a case, but in no such case let us shave off the Ten Commandments. Let them stand as the everlasting defense of society and the church of God.

ciety and the church of God.

The committing of one sin opens the door for the commission of other sins. You see it every day. Those embezziers, those bank cashiers absconding as soon as they are brought to justice, develop the fact that they were in all kinds of sin. No exception to the rule. They all kept bad company, they nearly all gambled, they all went to places where they ought not. Why? The commission of the one sin opened the gate for all the other sins. Sins go in flocks, in droves and in herds. You open the door for one sin that invites in all the miserable segregation.

-some of them-bombarding the suffering candidates all the week, will think no wrong in Sabbath breaking. All the week hurling the eighth commandment at one candidate, the seventh commandment at another candidate and the ninth commandment at still another, what are they doing with the fourth commandment, "Remember the Sabbath day to keep it holy?" Breaking it. Is not the fourth commandment as important as the eighth, as the seventh, as the ninth?

Some of these political campaign orators as I have seen them reported in other years and as I have heard it in regard to then bombarding the suffering candidates all the week, yet tossing the name of God from their week, yet tossing the name of Gol from their lips recklessly, guilty of profanity—what are they doing with the third commandment? Is not the third commandment, which says, "Thou shalt not take the name of the Lord thy Gol in vain, for the Lord will not hold him guiltless that taketh his name in vain is not the third commandment as important as the other seven? Oh, yes, we find in all departments men are hurling the frindignation against sins perhaps to which they are not especially tempted—hurling it against iniquity toward which they are not particu-

larly drawn.

I have this book for my authority when l say that the man who swears or the man who breaks the Sabbath is as culpable before God as these candidates who break other commandments. What right have you and I to select which commandment we will keep and which we will break? Better not try to measure the thunderboits of the Almighty. saying this has less blaze, this has less mo-mentum. Better not handle the guns, better not experiment much with the divine ammu-

Cicero said he saw the "Iliad" written on a nutshell, and you and I have seen the Lord's Prayer written on a five cent piece, but the whole tendency of these times is to write the Ten Commandments so small no body can see them. I protest this day against the attempt to revise the Decalogue which was given on Mount Sinal amid the blast of trumpets, and the cracking of the rocks, and the paroxysm of the mountain of Arabia

I bring up the candidates for ward and township and city and State office. I bring them up, and I try them by this Decalogue. them up, and I try them by this Decalogue. Of course they are imperfect. We are all imperfect. We say things we ought not to say; we do things we ought not to do. We have all been wrong; we have all done wrong, But I shall find out one of the candidates who comes, in my estimation, nearest to obedience of the Ten Commandments, and I will vote for him, and you will vote for Him unless you love God less than your party—then you will not.

Herodotus said that Nitocris, the daughter

Herodotus said that Nitocris, the daughter Herodotus said that Nitoeris, the daugnter of Nebuchadnezzar, was so fascinated with her beautiful village of Arderica that she had the river above Babylon changed so it wound this way and wound that, and curved this way and curved that, and though you sailed on it for three days every day you would be in sight of that exquisite village. would be in sight of that exquisite village. Now, I do not care which way you sail in morals or which way you sail in life if you only sail in sight of this beautiful group of divine commandments. Although they may sometimes seem to be a little angular, I do not care which way you sail, if you sail in sight of them you will never run aground, and you will never be shipwrecked. Society needs toning up on all these subjects.

I tell you there is nothing worse to fight

needs toning up on all these subjects.

I tell you there, is nothing worse to fight than the ten regiments, with bayonets and sabres of fire, marching down the side of Meunt Sinai. They always gain the victory, and those who fight against them go under. There are thousands and tens of thousands of men being siain by the Decalogue. What is the matter with that young man of whom I read, dying in his dissipations? In his dying delirium he said, "Now fetch on the dice. It is mine. No, no! It is gone, all is gone! Bring on more wine! Bring on more gone! Bring on more wine! Bring on more wine! Oh, how they rattle their chains! Fiends, flends, flends! I say you cheat! The cards are marked! Oh, death! oh, death!

oh, death! Fiends, flends, flends!" And he gasped his last and was gone. The Ten

Commandments siew him.

Let not ladies and gentlemen in this nineteenth century revise the Ten Command-ments, but let them in society and at the polls put to the front those who come the nearest to this God-lifted standard. On the first Tuesday morning of November read the twentieth chapter of Exclus at family prayers. The moral or immoral character of the officers elected will add seventy-five par cent, unto or subtract seventy-five per cent, from the public morals.

You and I cannot afford to have bad offi-

cials. The young men of this country can-not afford to have bad officials. The com-mercial, the moral, the artistic, the agriculmercial, the moral, the artistic, the agricultural, the manufacturing, the religious interests of this country cannot afford to have bad officials, and if you, on looking overthe whole field, cannot find men who in your estimation come within reasonable distance of obedience of the Decalogue stay at home and do not vote at all.

I suppose when in the city of So lom there were four candidates put up for office, and Lot did not believe in any of them, he did not register. I suppose if there came a crisis in the politics of Babylon, where Daniel did not believe in any of the candidates he stald of home on election day. dates, he stald & home on election day, praying with his face toward Jerusalem.
But we have no such crisis. We have no such exigency, thank God. But I have to say to you to-day that the moral character of rulers always affects the ruled, and I appeal to history.

Which William Manage have read the ward.

rulers always affects the ruled, and I appear to history.

Wicked King Manasseh depressed the moral tone of all the Nation of Julah and threw them into idolatry. Good King Josiah lifted up the whole Nation by his excellent example. Why is it that to-day England is higher up in morals than at any point in her National history? It is because she has the best rule in all Europe—ell the attempts to scandalize her name a failure. The political power of Talleyrand brooded all the political tricksters of the last ninety years. The dishonest vice-presidency of Aaron Burr blasted this Nation until important letters were written in eigher, because the people could not trust the United States mail. And let the court circles of Louis XV and Henry VIII march out, followed by the debauched Nations.

The higher up you put a bail man the worse is his power for evil. The great fabulist says that the pigeons were in fright at a kite flying in the air, and so these pigeonchovered near the dovecote, but one day the kite said: "Why are you so afraid? Why do you pass your life in terror? Make me king, and I'll destroy all your enemies." So the pigeons made the kite king, and as soon as he got the throne his regular diet was a nigron a day. And while one of his victims

as he got the throne his regular diet was a a pigeon a day. And while one of his victims was waiting for its turn to come it said "Served us right!" The malaria of swamps "Served us right!" The malaria of swamps rises from the plain to the height, but moral malaria descends from the mountain to the plain. Be careful, therefore, how you elevate into any style of authority men who are in any wise antagonistic to the Ten Com-

mandments.

As near as I can tell, the most important thing now to be done is to have about 40,-000,000 copies of the Sinaitic Decalogue printed and scattered throughout the land. It was a terrible waste when the Alexandrian library was destroyed, and the books were taken to heat 4000 baths for the citizens of Alexandria. It was very expensive heat. But without any harm to the Decalogue you sould with it heat 1000,000 baths of moral purification for the American people.

I say we want a tonic—a mighty tonic, a

corrective, an all powerful corrective—and Moses in the text, with steady hand, notwithstanding the jarring mountains and the full orchestra of the tempest, and the blazing of the air, pours out the ten drops—no more, no less—which our people need to take for their provinces.

But I shall not leave you under the dis-couragement of the Ten Commandments, because we have all offended. There is another mountain in sight, and while one mountain thunders the other answers in hunder, and while Mount Sinai, with lightning, writes doom, the other mountain, with lightning, writes mercy. The only way you will ever spike the guns of the Decalogue is by the spikes of the cross. The only rock that will ever stop the Sinatic upheavals is the Rock of Ages. Mount Calvary is higher than Mount Sinai.

The English survey expedition, I know, say that one Sinaitie peak is 7000 feet high, and another 8000, and another 9000 feet high, and travelers tell us that Mount Cavalry is and travelers tell us that Mount Cavaria is only a bluff outside of the wall of Jerusalem, but Calvary, in moral significance, overtops and overshadows all the mountains of the hemispheres, and Mount Washington and Mont Blane and the Himalayas are hillocks compared with it. You know that sometimes one fortress will silence another fortress

Moultrie silenced Sumter, and against the countain of the law I put the mountain of the cross. "The soul that sinneth, it shall die," booms one until the earth jars under the cannonade. "Save them from going down to the pit. I have found a ransom," pleads the other, until earth and heaven and hell tremble under the reverberation. And Moses, who commands the one, surrenders to Christ, who commands the other.

Once by the law our hopes were slain, But now in Christ we live again. Aristotle says that Mount Etna erupted one arisotie says that mount Etha erupted one day and poured torrents of scoria upon the villages at the base, but that the mountain divided its flame and made a lane of safety for all those who came to rescue their aged parents. And this volcanic Smal divides its parents. And this volcanic Sinal divides its fury for those whom Christ has come to rescue from the red ruin on both sides. Standing as I do to-day, half-way between the two mountains—the mountain of the Exodus and the mountain of the nineteenth of John—all my terror comes into supernatural caim, for the uproar of the one mountain subsides into quiet and comes down into so deep a silence that I can hear the other mountain speak—aye, I can hear it whisper, "The blood, the blood, the blood that cleanseth from all sin."

The survey expedition says that the Sinaltic mountains have wadys or water courses—Alleyat and Ajelah—emptying into Feiran. But those streams are not navigable. No boat put into these rocky streams could sail. But I have to tell you this day that the boat of gospel rescue comes right up amid the watercourses of Sinaltic gloom and threat, ready to take us off from under the shadows into the calm sunlight of God's pardon and into the land of peace.

the land of peace.

Oh, if you could see that boat of gospel rescue coming this day you would feel as John Gilmore in his book, "The Storm Warriors," says that a ship's crew felt on the Kentish Knock sands, off the coast of England, when they were have heart to pieces and they all Knock sands, off the coast of England, when they were being beaten to pieces and they all felt they must die! They had given up all hope and every moment washed off another plant from the wreek, and they said, "We must die we must die!" But after awhile they saw a Ramsgate lifeboat coming through the breakers for them, and the man standing lifeboat upon the words.

the breakers for them, and the man standing highest up on the wreck said: "Can it be? It is, it is, it is, it is! Thank God! It is the Rumsgate lifeboat! It is, it is it and the old Jack Tar, describing that lifeboat to his comrades after he got ashore, said, "Oh, my lads, what a beauty it did seem, coming through the breakers that awful day!" May God, through the mercy in Jesus Christ, take us all off the miserable wreck of our sin into the beautiful lifeboat of the gospel!

### VIRGINIA ITEMS.

The Latest News Gleaned From Various Farts of the State

Bost Coppage, the man who shot and killed the colored man Lawrence Wilholt and clubbed his brother Turner with a gun so severely, was taken to Culpeper and lodged in jail. He claims the killing and clubbing was done in self-defense. Coppage is a poor man with a wife and five small children.

Wm. Helloway, of Great Bridge, Norfolk county, hitched a pair of steers together to haul some heavy timbers. His body became entangled in some chains, the steers became frightened and ran away, dragging him more than a mile and killing him. His body was mashed almost to a pulp when found.

The body of an unknown man, aged sixty years, was found on the Kanawha and Michigan Railroad, ten miles south of Point Pleasant. He had built a fire, and by some means his clothes caught fire and he burned

In the United States Circuit Court of Richmond in the case of J. M. Patterson, administrator, against the Richmond and Danville Railroad, the jury returned a verdlet for the plaintiff giving \$5,000 damages. The suit was for \$10,000.

Governor McKinney has received a letter from Mayor E. E. Stuart, of Philadelphia, asking him to turn over to Professor Wilson, of the University of Pennsylvania, the Virginia forestry exhibit at the World's Fair. The special committee on roads has recom-

mended to the Legislature the appropriation of \$60,000 for the employment of a civil engineer in each senatorial district for the sur veying and laying out of public roads. The exportation of manufactured tobace

from Petersburg during the month of October amounted to 606,333 pounds. These figur s show an increasing business in the ex-

THE local option leaders of Roanoke have carried the fight into Big Lick, Cave Spring and Catawba magister'al districts of the county, where they have obtained a sufficient number of names to petitions asking the county court to order an election on the question of license or no license in Decem-Ler. Salem district went dry last spring.

THE barn of J. Ernest Walker, near Dublin, Pulaski county, was destroyed by fire, the origin of which is unknown, a few nights ago, and with it two fine young Percheron horses, hemp, grain, fertilizers and farming implements. The building was valued at

AT a meeting of the Bar Association of Richmond, presided over by Judge Wellford resolutions were adopted recommending Charles V. Meredith for Judge of the United States Circuit Court, to succeed the late Judge Hugh L. Fond. A committee was appointed to present the resolutions to President Cleveland.

MONRE ANDERSON, of Chesterfield, son of Samuel D. Anderson, accidentally shot and killed himself. Young Anderson was engaged in hauling corn and had his gun in his wagon with a view of shooting squirrels should be chance to see any. On his retura home he pulled the gun out of the wagon by the barrel, when it was discharged, the load entering the al domen and producing death within a very short time.

Mr. Washington Haines, of Loudoun county, purchased about forty years ago two lots on K street, between Eighteenth and Nineteenth, Washington, D. C., for \$180, upon which he has been receiving \$50 per month rent. He sold them a few days ago for \$ 6.(0'.

HEREAFTER the run of trains on the West Virginia Central Railroad will be made from Elkins to Cumberland and return. Some of the members of the passenger train crews are making arrangements to take their families to Elkins.

Mr. P. W. KIBBLER, one of Danville's most progressive merchants is dead. MR. JOHN AYRES, an old and well-known cit'zen of Rockbridge county, died after a

short illness. He was a farmer and stock ABOUT 15,000 barrels of apples have been shipped over the Chesapeake and Ohio Road from Charlottesville to Western cities.

Horr, the playwright, is said to be worth a million or two. When he entered upon his managerial career he and his par ner had a combined capital of £3 003. Edward Eggleson is said to regret that h-

wrote the "Hoosier Schoolmaster. It has

made him unpopular in his native state.

THE OLD DOMINION.

A Day's Happenings As Told By The Wires.

ABE REDMOND LYNCHED

Another Tragedy at Roanoke-Fatal Collision on the Norfolk and Western Railroad-A Ch cken Thief Shot-Suicide of Saml. L. Payne at Columbia.

Abe Redmond, who had been known for years as the worst man that ever lived in Charlotte county, was taken from a trio of officers and hung by a mob of unknown

Redmond was arrested at daybreak by an offic r and a dozen assistants, and it was one of the few times that he was ever captured without trouble. He mistook the officer for a friend. A few days ago he was after a negro to kill him and caught the wrong one by mistake, but did not let him go without baving beaten him nearly to death. He was taken before a justice of the peace and without any evidence was discharged.

Later, after threatening a number of the est citizens in the vilest manner, he acknowledged that he was the man who had served the negro so shamefully, and only wanted an opportunity to kill the right one.

The prisoner was taken to Dupres for examination before Justices Booth and Crafton. After a day spent in looking up witnesses he waived examination and was sent on to the grand jury. It being night Constable C. utcher was ordered to take the prisoner to his house, which was on the way to the courthouse, under the guard of three men, Messrs, Hamilton, Drigg, and Haynie.

They arrived safely at Crutchers house without any sign of disturbance. About 11 o'clock two of the guards were asleep and one on duty when the door was broken in with a crash and pistols. Without a word the prisoner was taken out. It was a thoroughly organized crowd, every one knew his place, and in less than a minute every thing was as quiet as before the mob came. One of the guards when asked the number

in the party replied: "Don't know. They came in the light like men coming up out of the ground and disappeared in like manner.

The body was found by a negro on Crutcher's place swinging from a tree white with frost. A coroners inquest was held, and the verdict was that Redmond came to his death by the hands of a mob of unknown men. Redmond's life was full of deeds of the blackest hue, and the community was in a state of terror while he lived. No one felt safe around him. If a cow or a horse crossed his place he would often sheot them down. Redmond was a man of means and his

whole fortune was spent in paying lawyers. When but a boy some hot words passed between him and his old father. Shortly afterward the old man was walking along with his gun on his shoulder, when he was suddenly shot by Abb from behind the corner of the fence. With the aid of the ablest law- to the smelting furnace. When a yers in the State he got off with a few years | mine owner asks a railway company in prison. Then came the burning of the to run in a spur to his mine and seeks house of a citizen. Redmond confessed to to make terms for transportation the the burning, but said that it was his own first question in reply is: "How

number of his barns burned. Later a neigh- portion to the value of the ore. bor had a few words with Redmond, and in a day or two four of his horses were pols by Redmond, and for this crime he got two years in prison. When he came back he professed religion, joined the church, and pretended to lead a new life, but no sooner were liabilities removed then he went back to his old ways.

How's This!

We offer One Hundred Dollars Reward for any case of Catarria Cure.

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We, the undersigned, have known F. J. Chenney for the last 15 years, and believe him perfectly honorable in all business transactions and financially ably to carry out any obligation made by their firm.

West & This! oned. An old negro was cut almost to death

A Tragedy at Roanoke.

Roanoke was the sc ne of another tragedy The victim is J. P. Melhorn, who until a day or two since was manager of the Roanoke Sanitary and Piumbing Company of which D. H. Matson, president of the Pocahontas Coal Company, is the president and proprietor. Melhorn's slayer is Gus. B. Gee a policeman, formerly town sergeant of Keysville, Halifax county. Melhorn had been on a protracted spree, on account of which Mr. Matson, whose sister Melhorn married, severed Lusiness relations with him. Melhorn entered the company's room, on Jefferson street, and struck J. B. Tower, who had been placed in charge. A warrant was sworn out, but Melhorn went home and was allowed to remain there. Next morning he returned to the store and Tower went out and asked Gee to remove him. The officer attempted to do this but Melhorn resisted. Gee used his club once, but Melhorn took it from him and gave him a terrible beating over the head. Gee, while reclining, drew his revolver and fired five shots at Melhorn, three entering his breast, one of them passing clear through the body. Melhorn turned toward the back door, when another bullet entered his back, and still another his left arm. Gee claims that he did the shooting from his knees after he fell. Melhorn, after being shot, started for the front door, but fell dead, with his head resting on the sill. The coroner's jury found a verdlet in accordance with the above facts, whereupon Gee was placed under arrest.

Chicken Thief Shot'

William Lee, a notorious colored thief, is lying at the city jail in Lynchburg, suffering from gunshot wounds in both legs, the result of a raid on Mr. W. O. Taylor's hennery, in Rivermont, Mr. Taylor had lost many chickens, but waited until the third time when his fatest pullets had disappeared to fix things for the next thief. He secured an electric bell and the necessary wire, and thereby established communication between his chamber and henhouse by the bell hanging immediately over his door. It was 5.25 in the morning when William Lee opened the door of the henhouse, and a second latter Mr. Taylor was aroused. Without thought of clothes, but an eye to business, he gathered up his gun and loaded both chambers. He repaired to the yard, and as he approached the henhouse the thief was observed to leave it with his arms full of chickens Taylor ordered him to halt, but the negro took to his heels, when Taylor fired, with the result as stated.

Suicide of Samuel L. Payne. A dispatch from Columbia, Fluvanna coun

ty, says that Samuel L. Payne committed suicide by shooting himself in the head with a shotgun. Payne had been engaged in the clothing business in Richmoul and Ba'ti-

Great Joke. A Bath joker in 1742 kidnaped all the turn-spit dogs in the city on Satarday night to deprive the citizens of their roasts the next day.

# Cream of Tartar and Soda

Have uses in cooking well known to every housekeeper; but the method of refining them to make them chemically pure, and of riting them together so as to produce their greatest leavening power and best results when combined, is a matter of great exactness, requiring the most expert knowledge and skill.

## Royal Baking Powder

Is the product of this knowledge and experience and the expenditure of many thousands of dollars in patents and appliances for its preparation. It is a compound of strictly pure grape cream of tartar and absolutely pure soda, combined with exactness and care by famous chemists, and it will produce more wholesome and delicate bread, biscuit, cake, rolls, etc., than can be had where this modern agent of cooking is not used.

Beware of the cheap compounds called baking powders to

Czar, the big staghound, which for more than two years now has been one of the best known figures on the Rialto, has just passed through a thrilling experience out West. Some months ago. Czar and his master, Frank de Vroom, were engaged for the parts of walking dog and leading gentleman in a Chicago production. After the run of the play in that city it took to the road. In the course of time it struck Indianapolis. Mr. De Vroom and Czar engaged a room at the best hotel.

The first morning after their arrival, as master and dog passed through the corridor, they heard the hotel clerk hail a bell-boy and ask if the dog had spent the night in the hotel. When the bell-boy admitted that he had, the proprietor shouted: "Well, don't let that becur again." Czar and De Vroom waited for a few moments and then sauntered up to the desk. De Vroom asked for his bill. The hotel clerk looked astonished.

"Why, but I thought you were going to stop a week, sir. Have you any complaint, sir?'

"Oh, no," replied De Vroom carelessly, "I am quite satisfied. It's my dog that's kicking.

"Yes, the dog. He's a particular brute and doesn't like your beds. As for the meals-well, he says he wouldn't serve such meals to a hotel clerk."-New York Sun.

A specially rich strike of silver ore much does your ore assay?"

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WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, Ohio.
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It it buman nature to hate him whom you

If you don't want to be detested don't be a

Beware of the man or woman whom a



KNOWLEDGE

Brings comfort and improvement and tends to personal enjoyment when rightly used. The many, who live better than others and enjoy life more, with the needs of physical being, will attest the value to health of the pure liquid laxative principles embraced in the

in the form most acceptable and pleasant to the taste, the refreshing and truly beneficial properties of a perfect lax-ative; effectually cleansing the system, dispelling colds, headaches and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, because it acts on the Kidneys, Liver and Bowels without weakening them and it is perfectly free from

ufactured by the California Fig Syrup

Value of a Cadaver.

A chemist computes that at the present market value the average human cadaver contains something like \$18,000 worth of calcium. But, like the fabulous values of aluminum in clay, or gold in sea water, the cost of extraction at present prevents all profit to the would-be enterprising manufacturers, and the schoo's of anatomy will have no immediate cause for alarm as regards commercial competition.

Tied the Island Fast.

Floating islands are by no means rare, but an unusually queer one is located in Cranberry Lake, near Arden, New York. Some years ago, in order to keep the island from forting down the stream, it was attached to the mainland by a hawser, in nearly the same manner as an ocean steamer is tied to a dock. The old hawser still remains tied to a tree, and is the object of much interest to visitors.

DR. KILMER'S

## SWAMP-ROOT CURED ME.

Had Torpid Liver For 14 Years. Biliousness, Poor Digestion, Loss of Appetite.

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ng and I continued until I had taken 6 bottles I can now cheerfully recommend SWAMP-ROOT The Great KIDNEY, LIVER and BLADDER Cure o every one who has torpid liver, for it has ompletely cured me." I. W. CHRISTIANER, At Druggists 50 cents and \$1.00 size.

"Invalids Guide to Health" free—Consultation free.

Dr. Kilmer & Co., - Binghamton, N. Y. Dr. Kilmer's U & O Anointment Gures Piles

# Trial Box Free. - At Druggists 50 cents. "August

"What is August Flower for?" As easily answered as asked. It is for Dyspepsia. It is a special remedy for the Stomach and Liver .-Nothing more than this. We believe August Flower cures Dyspepsia. We know it will. We have reasons for knowing it. To-day it has an honored place in every town and country store, possesses one of the largest manufacturing plants in the country, and sells everywhere. The reason is simple. It does one thing,

### and does it right. It cures dyspepsia@ CURES RISING : BREAST :

MOTHER'S FRIEND" is the greates blessing ever offered child-bearing woman. I have been a mid-wife for many years, and in each case where "Mother's Friend" had been used it has accomplished wonders and relieved much suffering. It is the best remedy for rising of the breast known, and worth the price for that alone.

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PISO'S CURE FOR Best Cough Syrup, Tastes Good, Use in time, Sold by druggists. CONSUMPTION

catch the unwary. They are made with alum and are poisonous.

The Dog Kicked.

"The dog!" cried the clerk.

Disadvantage of Richness.

in the west is not so profitable to the owner of the mines as an outsider might suppose, partly because it costs more weight for weight to transport rich ore than poor ore from the mine Shortly after this the same man had a railway's charge per ton is in pro-

If your Back Aches, or you are all worn out, good for nothing, it is general debility. Brown's Iron B tters will cure you, make you strong, cleanse your liver, and give you a good appetite—tones the nervos.

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